



**Sally Parker and Jamison Roberts** of the Washington State Department of Corrections rushed to the side of a coworker struggling with cardiac distress. Sally began performing CPR. Jamison retrieved a defibrillator and after the device indicated a shock was needed they delivered the shock. Afterward Sally continued CPR, and the patient eventually recovered consciousness and then was taken to the hospital by emergency responders.



**Paul Wik and Sergeant Ryan John**, from the Washington Department of Fish and Wildlife administered first care to the victims of a remote helicopter crash near Garfield County. They drove and then hiked to the remote site, finding two of the three passengers trapped inside the aircraft. Their quick actions and critical early care helped save the lives of two of the injured and traumatized passengers.



**Russell Drake, Chris Grant and Greg Hopkins** of the Port of Tacoma and **CBPO John Cherney** of U.S. Customs and Border Protection responded to a call that a distraught woman had climbed over an overpass rail and was preparing to jump. The three stood close by while two motorists who had established a rapport with the woman tried to calm her. When she attempted to jump the three men quickly moved in, secured her and got her back over the rail.



**Kevin Sullivan and Jessica Sylte** of the Washington Employment Security Department both receive Humanitarian Awards after helping a customer in cardiac failure. Kevin and Jessica recognized the man was in distress and began CPR. Although his live couldn't be saved, his organs were donated, and others received the gift of life. Kevin stayed in contact with the victim's spouse to offer comfort.



**Patricia Beckwith, Kristina Bombardier, Susan Herington, Sally Peregrino, Del Schoenthaler and Meliza Siebrecht** responded to a visitor in cardiac distress at the Martha & Mary Health and Rehab Center. The the victim was not breathing, so they immediately began compressions and rescue breaths. They connected a defibrillator to the victim, but no shock was needed, so they continued CPR. The victim began breathing as paramedics arrived.

WASHINGTON'S 67<sup>TH</sup> ANNUAL  
**Governor's Industrial Safety and Health Conference**  
 PRESENTS

**The 2018 Governor's Lifesaving Awards**  
 Sept. 27, 2018  
 Spokane Convention Center  
 Awards Presented by  
 Robyn Nance




 Washington State Governor's  
**Industrial Safety & Health**  
 Advisory Board  
*Educating Washington's Workforce Since 1949*


 Washington State Department of  
**Labor & Industries**

## About the Governor's Lifesaving Awards

The Lifesaving Award is available to employees in the State of Washington who are covered by industrial insurance, either through the State Fund or a Self-Insured employer. The lifesaving action must have been performed while on duty.

The award is for personally performing urgently required hands-on action in a lifesaving effort. In the case of law enforcement persons, fire fighters, EMTs, healthcare professionals, or other similar type professionals, such actions must not be part of their normal duties, but must be above and beyond the call of duty.

A Humanitarian Award may be given when the heroic act didn't involve hands-on lifesaving effort or when the victim didn't survive in spite of the lifesaving efforts.

*Special thanks to the Governor's Lifesaving Awards Committee Members: Dale Armstrong, Joe Camacho, Ted Davis, John Johnson, Joe Kendo, and DJ Lund.*

## Awards Presenter



**Robyn Nance** anchors Good Morning Northwest Monday through Friday along with Derek Deis and Mark Peterson.

Robyn grew up in Bonne Terre, MO, a small town south of St. Louis. She got her start at the CBS affiliate in Hannibal, MO / Quincy, IL, then spent six years at another Spokane station. In 2003 she took advantage of a great opportunity at KXLY4 News.

Robyn has three children (all born here in Spokane), and a stepdaughter, who's married with children and living in IL. She is also a foster mom. Family is Robyn's passion, and her favorite thing in the world is spending time with her crew.

## Governor's Lifesaving Awards Recipients

(Listed in chronological order of the event)

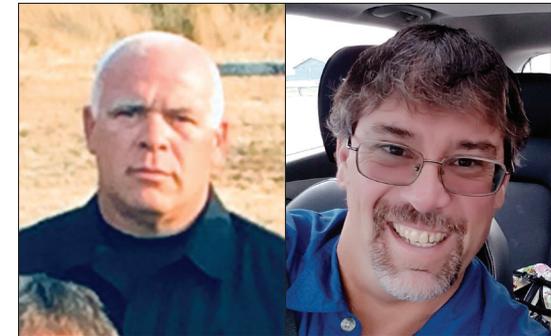
*Congratulations to all the recipients of the 2018 Governor's Lifesaving Awards!*



**Doug Bruneau, Paul Gahr Jr., Joe Inciong, Marty Rankin, John Crabtree and Vince Aguon Jr.** of the Washington State Department of Transportation responded to a call that a canoe with two people and two dogs had capsized in the frigid waters of nearby Hood Canal. On the way they met up with members of the sheriff's department and local fire rescue workers. At the scene they deployed portable safety ladders from a bridge, allowing the two people and both dogs to escape from the water.



**Scott Combes and Terrence Renwick** of the Washington State Department of Transportation noticed a truck swerving on an Olympia road. When the truck veered onto the wrong side of the road and struck some bushes Scott and Terrence stopped and discovered the elderly driver was in distress. They called 9-1-1, and the motorist then stopped breathing. Scott and Terrence discovered no heartbeat and immediately began CPR on the victim. The victim's breathing and heart resumed before paramedics arrived.



**Landon Adams and Darren Gooding** with the Washington State Department of Corrections responded to a struggling student at an annual academy. During a fitness run a student showed signs of distress and after being pulled out of formation by Gooding became unresponsive and stopped breathing. Adams, who had arrived shortly after Gooding, began chest compressions and was able to revive the student before emergency responders arrived.

**Joe Bowen** (not pictured), a custodian at Freeman High School, likely saved many students when he confronted an active shooter. A student began firing upon others, killing one and seriously injuring three. Before the shooter could prepare a second weapon for firing Joe confronted him, ordering him to surrender. The pause afforded the school's resource officer time to apprehend the shooter. Joe's courage undoubtedly saved students' lives at his school.



**Aaron Tomaras, Kimo Myton and James Townsend** of PCI Democon responded quickly when they heard a coworker had become pinned by machinery. The man was pinned between the machinery and some louvres, compressing his chest and restricting his breathing. They helped the trapped operator breathe as best he could until he was freed with a Bobcat and was eventually able to breathe on his own while his three coworkers stayed with him, assisting him until the paramedics arrived.