

## Lifesaving Awards Guidelines

1. The lifesaving award is available to employees in the state of Washington who are covered by industrial insurance (State Fund, Self-Insurance or Jones Act). **The lifesaving action must have been performed while on duty. You must be able to answer “Yes” to this question: Were the nominee(s) on duty during the act?**
2. The award shall be for personally performing urgently required “hands-on” action(s) in a lifesaving effort. In the case of law enforcement persons, fire fighters, EMTs, healthcare professionals, or other similar type professionals or employees acting in a first responder capacity, such actions must NOT be part of their normal duties, but must be above and beyond the call of duty.
3. Applications must be submitted within the designated time frame. The lifesaving incident must have occurred between **June 1 and May 31** to be eligible for nomination.
4. To submit nominations, complete either the online form or print and fill out the “Application for Lifesaving Award”. Both are located at <https://www.gishab.org/lifesaving-nomination>. The description should be brief, concise, specific to the incident, and explain exactly how a life was saved. Use a separate sheet if necessary to continue with comments.
5. The incident detail is to include the outcome of the rescue. If the victim did not survive, the nomination may be considered for a humanitarian award.
6. If possible, attach corroborating / witness statements such as; newspaper or media account, police report, photographs from the scene, letter from supervisor, statement from witness, etc.
7. The application must be signed by the person nominating and submitted to the Governor’s Industrial Safety and Health Advisory Board **no later than June 30**.
8. The Lifesaving Awards Committee of the Governor’s Industrial Safety and Health Advisory Board will review the applications. If the application does not meet the guidelines or if the committee is unable to determine from the application who it was that actually saved the life, no award will be given and the nomination will be returned to you.
9. If selected, a signed release and a digital photo of each nominee is required and **MUST BE RECEIVED BY August 5**. Photos can be uploaded at the time of submission or nominees will be sent instructions for submitting photos after selection.

Applications can be submitted at <https://www.gishab.org/lifesaving-nomination> or mailed.

**US Mail:** Governor’s Industrial Safety and Health Advisory Board  
Attn: Lifesaving Awards  
Department of Labor and Industries  
PO Box 44642  
Olympia, WA 98504-4642